

Taco Dip



Ingredients

- 1 lb ground turkey
- Olive Oil
- 16 oz sour cream
- 1 oz or 2 Tbsp taco seasoning
- Lettuce
- Tomato
- Red onion
- Shredded cheese of your Choice
- Tortilla Chips for dipping

Utensils

- 13 x 9 baking dish
- Measuring cups and spoons
- Large deep skillet
- Spatula
- Mixing bowl
- Knife
- Cutting Board



Recipe Instructions

Step 1: Prep

Wash your produce.
Cut lettuce and dice the tomato and onion.

Step 2: Ground Turkey

In skillet, heat olive oil and add all of the ground turkey. Once meat starts to brown, add half of the taco seasoning to the meat (1 Tbsp or half of a standard seasoning packet).
Stir in seasoning and cook meat until completely browned.

Step 3: Mix

In a mixing bowl, combine sour cream and the rest of the taco seasoning (1 Tbsp).
Stir until combined.

Step 4: Layer

Start by spreading the sour cream mixture evenly on the bottom of the 13 x 9 baking dish.
Next, spread taco meat evenly.
Sprinkle your desired amount of shredded cheese next.

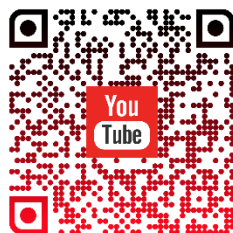
Step 5: Veggies

Sprinkle your desired amount of lettuce, tomato, and onion on top.
Other *optional* toppings: jalapenos, black olives, guacamole, corn.

Step 6: Enjoy!

Serve with tortilla chips and enjoy!

This is a perfect quick appetizer or game day snack.



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Kitchen Safety Tips:

- Always use pot holders or oven mitts when handling pots on the stove.
- If you are uncomfortable using a knife, ask someone for help.