



Chocolate (Sugar Free) Covered Strawberries

Strawberries (or add any other fruit you would like)

1 cup coconut oil

¾ cup unsweetened cocoa powder

2 oz Splenda or stevia

Small sauce pot

Spoon

Plate or tray (parchment if you have it)

Instructions:

On low heat, melt oil until liquid

Add cocoa powder and sugar free sweetener

Mix and let cool in refrigerator for about 10 minutes

Dip berries and place on tray, cool again in refrigerator for 10 more minutes

you can melt oil in microwave by setting at 15 second increments until melted*

If you have Prepped to Prepare:

Melt chocolate in microwave until liquid, let sit about 10 minutes, dip strawberries and let cool!

ENJOY and HAPPY VALENTINE'S DAY!!!!