

# Dole Whip



## Ingredients

- 3 cup sugar
- 2 cup water
- 4 cups pineapple juice
- 2 Tbsp lime juice

## Utensils

- Small pot
- Whisk
- Measuring cups and spoons
- Mixing bowl
- Ice Cream Machine



# Recipe Instructions

## Step 1: Prep

If using an ice cream attachment for a stand mixer, be sure to put the bowl in the freezer the night before you make this recipe.

It will need to freeze for at least 8 hours.

## Step 2: Simple Syrup

Add water and sugar to small pot. Whisk to combine and bring to a boil. Continue to whisk periodically.

Once boiling, remove from heat and allow to fully cool.

## Step 3: Combine

Add 1 cup of cooled simple syrup, pineapple juice, and lime juice to a mixing bowl.

Whisk to combine.

## Step 4: Ice Cream Machine

Add mixture to your ice cream machine and run for about 20 minutes or until it has reached your desired consistency.

## Step 5: OR Freeze

Freeze for at least 8 hours to fully achieve the right consistency.

If it is too hard, add to a blender with a bit more juice.

## Step 6: Enjoy!

Add to a bowl or cone and add your favorite toppings!

*Suggestions: fresh fruit, honey, agave, granola, etc.*

**Enjoy!!**



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## Kitchen Safety Tips:

- Let anyone around you know that you will be using the stove.
- Always use a **potholder!**