



# Share Facts About COVID-19

## FACT 1

Diseases can make anyone sick regardless of race or ethnicity.

People of Asian descent, including Chinese Americans, are not more likely to get or spread COVID-19 than any other American.



## FACT 2

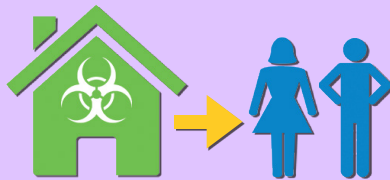
Some people have a higher risk of getting COVID-19.

People who have been in close contact with someone who has COVID-19 or people who have recently been in an area where the virus is spreading are at higher risk.



## FACT 3

Someone who has completed quarantine or been released from isolation does not pose a risk of infection to other people.



People who have been in close contact with someone who has COVID-19 or people who have recently been in an area where the virus is spreading are at higher risk.

## FACT 4

Know the signs and symptoms of COVID-19.



Cough



Fever



Shortness of  
Breath



Get medical advice if you have symptoms and been in close contact with someone who has COVID-19.

## FACT 5

There are easy things you can do to help keep yourself and others healthy.



Wash your hands often with soap and water for at least **20 seconds**.



Avoid touching your eyes, nose and mouth with unwashed hands.



Stay home when you are sick.



Cover your cough or sneeze with a tissue. Throw the tissue in the trash.

For more information, visit [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)